



# 2022

## Citizen Science U.PORTO

SEPTEMBER - NOVEMBER

International \* Collaborative \* Interdisciplinary



Welcome to the training course on **Citizen Science for Psychological Wellbeing**. The main goal of this project is to prepare interdisciplinary teams to develop solutions that are **codefined** and **codesigned** with the **involvement of patients and professionals**.

Real life  
challenges

Participatory  
methodology

Cocreation  
of solutions

## 2022 Challenge: People Living with a Rare Disease



The course will have an intensive blended format of 8 weeks. Each week, students will complete tasks (Sprints) to progressively build up their project.

In the **first 7 weeks**, teams will be engaged in distance training, including:

 3h		
<b>3-hours class</b> MONDAYS, 14:00-17:00h (PT time)	<b>Check Point</b>	<b>Mentoring</b> THURSDAYS, 12:00-12:30h (PT time)
<b>Synchronous online</b>	<b>Asynchronous Methodological Laboratory</b>	<b>Synchronous online</b>
<b>Theoretical presentation</b>	<b>Training videos and resources</b>	<b>Expert trainers pool</b>
<b>Sprint preparation</b>	<b>Individual tasks</b>	<b>Guidance and feedback</b>

In the **last week** of the training teams will meet and work face to face at Faculty of Psychology and Education Sciences, University of Porto

[\(Click here to see a virtual tour of our venue\)](#)

**Each team will:**

<b>Organize a workshop with citizens</b>	<b>Validate work assumptions</b>	<b>Finalize an innovative solution</b>	<b>Present their journey to an open audience</b>
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**The best solution will receive an award.**

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## TRAINERS

### **Célia Sales (Coordinator)**

Associate Professor at Faculty of Psychology and Education Sciences at the University of Porto (FPCEUP) Principal Investigator of interdisciplinary research projects in clinical and health psychology using Patient and Public Involvement.

### **António Coelho**

Associate Professor with Habilitation at the Faculty of Engineering at the University of Porto. Head of the Doctoral Program on Digital Media.

### **Christian Moltu**

Professor of Clinical Psychology and Research group lead, Western Norway University of Applied Science. Principal Investigator of participatory research projects for the development of systems for personalized care in mental health.

### **Hernâni Oliveira**

Invited Professor and Researcher at the University of Évora and CITCEM. Since 2019, he is the founder of the startup BRIGHT, a project aimed at the development of innovative products in the area of citizen empowerment.

### **Pedro Ferreira**

Assistant Professor at FPCEUP, his main research focus is the political participation and the political development of young people and adults with a concern on how art and technology contribute to it.

### **Sónia Sousa**

Associate Professor of Interaction Design at Tallinn University's School of Digital Technology. Head of the joint online MSc on Interaction Design. Her main research interests are Trust in technology, Interaction Design, Distance education, Human Computer interaction.

### **Susana Pereira**

PhD in Science Communication, Project manager and Data Visualization Specialist at BRIGHT, and Researcher at the CITCEM (Transdisciplinary Research Centre «Culture, Space and Memory»). Her main interests include co-creation dynamics in science communication.



## COURSE FEE

The training is free.

The only cost per student will be the fee for certificate (5 euros).



## ERASMUS+ SCHOLARSHIP

Students from **European Universities with an Erasmus Agreement** are eligible for an **Erasmus+ Grant** to support the on-site training at the University of Porto. The grant covers **70 Euros per day**. A full attendance of the 5 days corresponds to a total grant of **350 Euros**.

This Erasmus+ grant is given by the student's own Institution. Students should apply for the grant at the Erasmus Offices at their Universities, indicating that this is an Intensive Blended Programme (BIP). Any doubts can be addressed to [international@reit.up.pt](mailto:international@reit.up.pt).



## PARTICIPANTS

The course is **limited to 40 participants**. Master's Degree and PhD students, or young researchers who completed their PhD less than 12 months ago, in the areas of Psychology, Health, Education Sciences, Engineering, Design, Communication Sciences, and related Social and Human Sciences, are welcomed to apply.



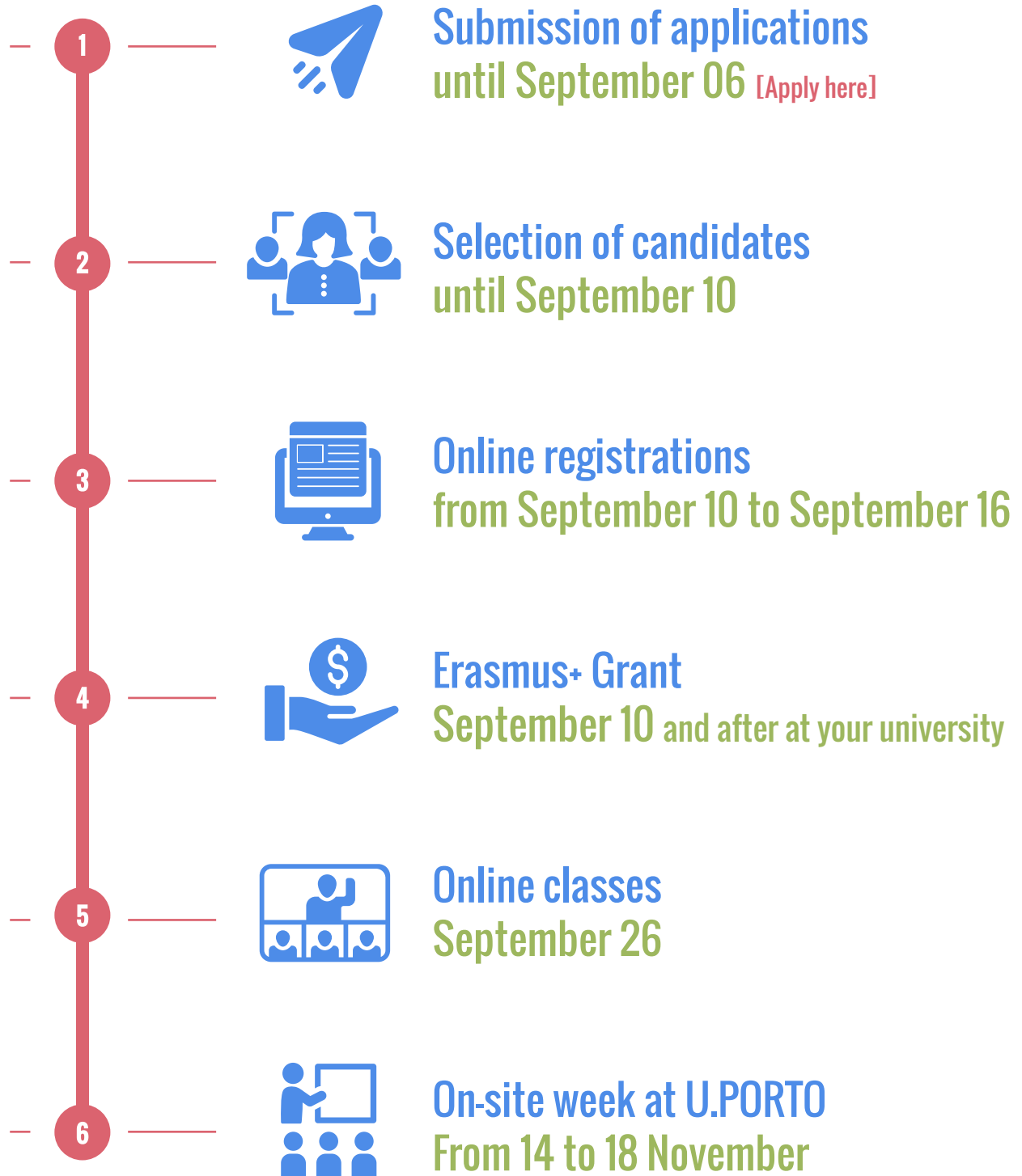
## SELECTION CRITERIA

Selection criteria will value the candidate's motivation, as well having an ongoing project targeting people with a rare disease, as indicated in the motivation letter.

A minimum of international **20 students receiving an Erasmus+ grant** will be selected.



# TIMELINE



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