

Sustainable Development in Nature Reserves
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

What is it about?

The main purpose of this blended intensive program is to provide the participants with a set of information and methods in order to better understand the problematics of Nature Reserves in Europe and their potential contribution to local sustainable development.

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

14th – 19th of June 2023

Who should attend?

B.A. students, M.A.students

Learning outcomes

- students will learn more about the Nature reserves values and risks
- students will learn more about the Ecosystem Services
- students will learn more about how to gain more from the protected areas in a sustainable way/
- students will learn to communicate successfully with various people
- students will learn to work on projects with international partners

Benefits

- 5 ECTS Credits
- High quality learning outcomes;
- Increased internationalisation at home and abroad for the institutions involved;
- Increased added value at European level, through the learning outcomes fostered by the cooperation between the higher education institutions.

Main language used

English

Course structure. Main topics

Nature Reserves – Introduction
Biodiversity Conservation
Pressures and Threats in Natura 2000 sites

Rewilding – best practice examples
Sustainable Tourism in Natural Reserves
Conservation of Geo-Diversity
Ecosystem Service - Forests

Developing Skills for Multicultural Business environments
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

What is it about?

Among other aspects, globalisation has strengthened the ties between markets and organisations in the international arena. Besides, technological advances, enhanced (study and work) mobility and the fast pace of change have led to the emergence of a global business environment, in which, in order to thrive, workers need both relevant know-how and experience, and the ability to understand (and collaborate with) people from diverse cultural backgrounds. This programme is designed to develop the skills that graduates need to acquire in order to adapt successfully to the present-day multicultural business environments.

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

22-26 May 2023

Who should attend?

B.A. students, M.A.students

Learning outcomes

- students will learn to communicate successfully in different contexts
- students will learn to work successfully in multicultural teams
- students will be able to identify and adapt to the key roles within a multicultural team
- students will learn to work on projects with international partners
- students will be able to develop and implement a business plan both at the national and international level.

Benefits

- 5 ECTS Credits
- High quality learning outcomes;
- Increased internationalisation at home and abroad for the institutions involved;
- Increased added value at European level, through the learning outcomes fostered by the cooperation between the higher education institutions.

Course structure. Main topics

- Business communication skills in English (meetings, negotiations, presentations)
- Intercultural aspects of business communication
- Managing multicultural teams
- Analysing the components of the business environment
- Entrepreneurship at home and abroad

**Personal development and intercultural harmonization
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania**

Call for partners

What is it about?

The main purpose of this blended intensive program is to provide the participants with a set of methods aimed to help them assess their skills and qualities, realize and enhance their potential and progress towards a deeper understanding and appreciation of cross-cultural differences.

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

3rd – 7th of July 2023

Who should attend?

Members of the academic community with an English level of B1 or above: teaching staff, administrative staff, researchers etc.

Learning outcomes

Improve capabilities and potential and develop sustainable ways of living together in multicultural societies.

Main language used

English

Course structure. Main topics

Identifying and improving potential
Enhancing lifestyle and quality of life or Fulfilling aspirations
Improving social relations and emotional intelligence
Basic principles of intercultural communication and intercultural sensitivity
Diversity Management Skills in HE

Promoting Inclusion Based on Diversity
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

What is it about?

The program’s primary theme is related to celebrating diversity and promoting social inclusion based on diversity.

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

Virtual course: 16th of October, 2023
Physical course: From 20th to 27th of October 2023.

Who should attend?

Since the proposed topic is of high interest and inclusion is at the core of an open and democratic society, the program can be attended by students from all specialties and academic programs.

Learning outcomes

By participating in the program, all attendees will:

- a) learn about inclusive societies and inclusive education practices
- b) share their experiences regarding inclusion, diversity, and causes of discrimination
- c) participate in building the core features of a practical program aimed at reducing social discrimination based on disability
- d) interact and learn about the Romanian culture, community, and education system
- e) build new connections with the academic community from the "Alexandru Ioan Cuza" University of Iasi, Romania, which would further foster potential collaborative research projects

Benefits

3 ECTS Credits

Course structure. Main topics

1. What is *inclusion*? The primary characteristics of an inclusive society.
2. Diversity: conceptualization and importance for inclusive societies

3. Causes of Discrimination: Individual and social factors
4. Designing societies that celebrate diversity: the case of disability
5. Promoting social inclusion in educational settings: engaging diversity through inclusive school communities

Program coordination:

Faculty of Psychology and Education Sciences

“Alexandru Ioan Cuza” University, Iași, Romania

Prof. Alois Gherguț

Ass. Alexandra Maftei

Ass.Prof. Adina Karner-Huțuleac

Ass.Prof.

Oana

Dănilă

Strategic Communication for Social Change and International Development
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

What is it about?

"Strategic Communication for Social Change and International Development" is an intensive learning programme aimed at developing the skills for using strategic communication tools and approaches to positively impact social change and international development.

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

15-19 May 2023

Who should attend?

B.A. students, M.A. students in Social Sciences (International Relations, Economics, Political Sciences, Communication Sciences & others)

Learning outcomes

- Have knowledge and understanding of the connections between strategic communication, social change and international development;
- Have skills to plan a project/campaign/specific action targeted towards social change and adapted to international development goals;
- Know how to effectively use strategic communication tools and strategies in order to address social issues.

Benefits

5 ECTS Credits

Course structure. Main topics

- Strategic Communication for Sustainable Development - 2030 Agenda
- The impact of democratic processes and institutional practices on social change
- Tools & campaign design for strategic communication
- Youth Contribution to Social Change, good governance and strategic communication in a networked world

University Libraries in a Digital World
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

What is it about?

European universities need the support of libraries to achieve their goals of excellence and inclusion, to facilitate the success of their students, towards more open, democratic, fair and sustainable societies.

Libraries are key actors in the process of rethinking and renewing education and research. They need to take transnational cooperation to a new level of intensity and scope and to develop a genuinely European dimension in the way they address their patrons, built on shared values.

During this week you will have the opportunity to gain insights into our work through a series of activities including lectures, workshops and visits to some of our libraries at Iasi University and you will have the chance to share experiences and get to know more about your fellow colleagues from other countries.

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

18 – 22 September 2023

Who should attend?

Librarians from any of the practices within the field of librarianship in higher education and teaching and administrative staff interested in a better knowledge of the way libraries can meet students' needs in terms of information resources, services and skills in a globalized world where information is massively available without filter.

Learning outcomes

- Exchange of experience and solutions related to educational library services
- Participate in the thematic sessions and workshops according to the current programme
- Meet people from your area of expertise and discuss the existing cooperation, share 'best practices' as well as to share upcoming events information among the participants

Safety on the European university campus
Blended Intensive Programme
“Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

Objective

Increasing the safety and security level of students and staff on the university campus in the context of current risks

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

26 - 30 June 2023

Who should attend?

- Staff from any of the practices within the field of safety and security in higher education
- Teaching and administrative staff interested in improving students and staff safety awareness and community relations.

Main topics

Increasing the standard and quality of the security service of the personnel working in the security structures of the university / involved in assuring and maintaining the security in university campus

Development of a permanent system of collaboration between security personnel, students and staff working in the university

Increasing the role of the university's security structures / staff working in the security field in the context of asymmetrical risk factors (terrorist threats, armed attacks, drug trafficking, ethnic-religious conflicts, etc.)

Main language used

English language

Partner universities

EC2U alliance

EMERGENCY PSYCHOLOGY

Blended Intensive Programme “Alexandru Ioan Cuza” University, Iași, Romania

Call for partners

What is it about?

The level of stress experienced by victims when emergency situations occur is very high and the negative mental health consequences can be serious if not intervened. Appropriate psychological strategies should be used for each case.

Emergency psychology is oriented to immediate and rapid intervention on site and its function is to facilitate adequate coping in situations with high emotional content, helping people to go through the traumatic event, trying to make the subsequent impact as minimal as possible.

This type of psychological assistance offers a low-intensity and immediate response directly in the affected areas, and identifies severe cases and, therefore, contributes to a better distribution of existing psychological resources.

Emergency psychology assistance is a well-structured professional intervention only used by licensed psychologists, because it is much more than a form of psychological first aid that can be offered by any volunteer without an official training in psychology.

In addition to observing, listening, and connecting people with resources (what psychological first aid offers), during an emergency requiring psychology assistance licensed professionals analyze emotions, cognitive, behavioral, and psychosomatic reactions. They are helping affected people to reorganize and integrate the correctly processed information related to the traumatic events.

Objectives of Emergency Psychology assistance on site during disasters:

- Minimize the impact of the traumatic event: normalizing symptoms
- Facilitate coping strategies
- Reduce the probability of future psychopathological disorder
- Inform about the situation and possible actions and resources
- Connect people with resources and their support groups
- Referral pathways: connect affected people with mental health care services

Where?

"Alexandru Ioan Cuza" University of Iasi, Romania

When?

10-14 July 2023

Who should attend?

Psychology students

Learning outcomes

Skills in emergency psychology interventions during wars, earthquakes, accidents, community violence and other disasters, being able to:

- Examine the psycho-emotional impact;
- Create protection and assistance;
- Help people cope with stress and strong emotions;
- Try to minimize the short-term psychological impact of the traumatic event;
- Facilitate adequate information processing;
- Help to start the process of mourning: accepting the reality of the loss;
- Psychological support for emergency professionals;
- Communication of bad news to families and relatives;
- Cooperation and coordination with other teams and resources;

Benefits

5 ECTS Credits

Course structure. Main topics

Training modules (6 hours/day; 5 days training; 30 hours)

1. Definition of emergency psychology
2. Reactions in a crisis situation
3. Observing: how to identify severe cases
4. Listening with your heart, eyes and ears
5. How to help and normalize reactions
6. Communication techniques: children, elderly and other vulnerable groups
7. Self-care: how to help yourself

Trainer: Melinda Endrefy, MSc.

Medical, Educational and Emergency psychologist (Universidad de La Laguna, Tenerife, Spain)
Emergency Psychology Coordinator – Hromada Hub, Ukraine
Emergency Psychologist for Amurtel Romania

Official psychology collegiate member in Spain - Colegio Oficial de Psicología T-2860, Tenerife

GIPEC Member (Grupo de Intervención Psicológica en Emergencias y Catástrofes – Tenerife)
SEPADEM Member (Spanish Society of Applied Psychology to Disasters and Emergencies)
AMPE Member (Global Emergency Psychology Association)
IFEP – FIPE Member (International Federation of Emergency Psychology)

Detailed training schedule

Hour	Monday	Tuesday	Wednesday	Thursday	Friday
09.00-11.00	Reception of the participants	time to solve homework	time to solve homework	time to solve homework	time to solve homework
Training 11.00-13.00	<p>General Introduction</p> <p>Expectations</p> <p>Lesson 1: What is Emergency Psychology?</p>	<p>Ex.2: Observations</p> <p>Lesson 3: Triage techniques</p> <p>Ex.3 Triage P1.P2.P3.</p>	<p>Lesson 5: Normalizing symptoms</p> <p>Ex.5 Analyze and normalize symptoms</p> <p>Therapeutic stories to learn:</p> <ol style="list-style-type: none"> 1. Irina during shelling in Kharkiv 2. Sometimes people need us to breath 3. Making friends with the monsters within us 	<p>Lesson 6 (part 1): Communication Does-Don'ts</p> <p>Ex.8 Communication difficult moments</p> <p>Ex.9 How to deliver bad news</p> <p>Ex.10 How to distract during rescue</p>	<p>Lesson 7: Self-care</p> <p>Warning signs and emotional management</p> <p>Ex.11 Self-care plan</p>
13.00-14.30	Lunch break				
Training 14.30-16.30	<p>Lesson 2: Reactions in emergencies</p> <p>Exercise 1: My reactions</p>	<p>Lesson 4: Listening</p> <p>Ex.4 Does-Don'ts of active listening in emergencies</p>	<p>Ex.6 Svetlana after shelling (how to help controlling symptoms and secondary anxiety)</p> <p>Ex.7 Reducing physiological and cognitive arousal</p>	<p>Lesson 6 (part 2): Communication with vulnerable groups: children/elderly/women</p>	<p>Ex.12 Art Therapy in emergencies: painting</p> <ol style="list-style-type: none"> 1. Video 2. Choose a symbol 3. Share 4. Create 5. Present your painting
17.00-17.30	Coffee break				
17.30-18.00	Assessment about	Listen to a story actively: call a	Prepare role-plays for the next day	Role-play exam	Art Exhibition in class

	general reactions.	friend or at home.		Self-assessment in class	Feedbacks Closure
--	--------------------	--------------------	--	--------------------------	-------------------